

## Advocacy Counseling/Support

**ARC of North Texas:** Advocates for the protection and rights of persons with disabilities. 817-834-7700.

**Catholic Charities:** Provides counseling and a variety of community programs.

Dallas 866-223-7500  
Tarrant 817-534-0814

### Depression and Bipolar Support Alliance

24 hour crisis line 800-273-TALK  
Information line 817-654-7100

**Disability Rights of Texas:** The Protection and Advocacy Agency for People with Disabilities in Texas.  
214-630-0916

**Easter Seal Society:** Provides services, education, outreach and advocacy for persons with autism spectrum disorder and other disabilities. 817-332-7171

**Grand Prairie United Charities:** Provides food pantry, rent/shelter/utility assistance, prescription medication assistance. 972-262-2014

**Lena Pope Home:** Provides group and individual counseling for mental health and substance abuse to children and families. 817-255-2500

**Mental Health America:** Provides early identification and intervention for those at risk of mental health conditions; integrated care, services, and supports for those who need mental health services.

Tarrant 817-335-5405  
Dallas 214-871-2420

**The Warm Line at MHA of Tarrant County:** For people who need support and human contact, but don't need a crisis line or hot line. Mon-Fri 8 am-5 pm.

817-546-7826

**National Alliance of Mental Illness:** Provides advocacy, support and educational programs for individuals and families affected by mental illness.

Tarrant 817-332-6677  
Dallas 214-341-7133

**Parenting Center:** Program provides a broad range of counseling/therapy services including: individual therapy for 817-546-7826 adolescents and adults, marital and couples counseling, family counseling, play therapy, and group therapy. 817-332-6348

**Parenting Advice Line:** Resource for parenting questions and educational information on parenting issues.  
817-332-6399

## Advocacy Counseling/Support

**UTA Community Service Clinic:** Individual counseling, play therapy, family therapy and marital counseling, Sliding fee scale based on family income. 817-272-2165

## Psychiatric Services

**Cook Children's Medical Center:** Outpatient behavioral health & medical services ages 3-17. 682-885-4000

**JPS Psychiatric Emergency Care:** 24 hr Emergency psychiatric services. 817-702-4151

**Parkland Hospital:** Psychiatric facility for crisis stabilization, short-term treatment and family education. 214-590-5536

### Private Psychiatric Hospitals

Dallas Behavioral Hospital 972-982-0900  
Hickory Trails 972-298-7323  
Mesa Springs 817-406-3423  
Millwood Hospital 817-261-3121  
Sundance Hospital 817-583-8080  
Texas Health Arlington 682-236-6023  
Green Oaks 972-991-9304  
Veterans Outpatient 214-857-0805  
Mental Health Clinic

## Substance Abuse Resources

**Outreach, Screening, Assessment and referral** 877-541-7905

**North Texas Behavioral Health Authority Dallas County** 866-260-8000

**Tarrant County LMHA** 800-866-2465

**MHMR Addiction Services**  
Tarrant 817-335-3022  
Dallas 214-366-9407

**Recovery Resource Council** 817-332-6329



# Grand Prairie Police Department Crisis Support Unit

## Contact Us

1525 Arkansas Lane,  
Grand Prairie, TX 75052

972-237-8707  
pdcrisissupportunit@gptx.org



Scan Here!

For an online Crisis Support Resource Brochure

## Shelter

**Grand Prairie Housing Authority:** Provides Community Service Programs designed to meet the needs of the community. 972-237-8176

**Arlington Life Shelter:** Short-term shelter for individuals and families. Check-in at 4 PM. 817-548-9885 ext. 3312

**Housing Assistance:** Section 8 Housing Program- subsidized rent for eligible clients in Tarrant County. 817-531-7640

**Presbyterian Night Shelter:** A safe nonthreatening environment for homeless persons. Serving Tarrant County, check-in at 4 PM. 817-632-7400

**Lifeline Shelter for Families:** Program aimed at reducing Homelessness for families and children enrolled in GPISD. 972-237-5546

**Salvation Army of Fort Worth:** Day and Night Shelter. Prepared meals provided. Breakfast at 7:30 am, Lunch at 12:30 pm, and dinner at 5:30 pm. 817-344-2495

**Truworth:** Comprehensive resource center and day shelter. 817-289-7474

**National Homeless Veterans Hotline:** Veterans who are homeless or at imminent risk of homelessness are strongly encouraged to contact the National Call Center for Homeless. 877-424-3838

**Union Gospel Mission:** Provide shelter and client services for men, women and families. Call for check in times for men and women. 817-339-2553

**Metro Dallas Homeless Alliance:** Persons experiencing unsheltered homelessness may call for assistance in finding shelter and housing. 888-411-6802

## Dial 211

Call 211 for local resources, information and referrals for all local community resources and programs.



## MHMR of Tarrant County

**I-CARE Call Center:** Texting and calling is available at 800-866-2465. You also can call (but not text) 817-335-3022 ICARE is open 24 hours a day, 7 days a week.

**Mental Health Warrants** 817-569-4300

**Addiction Services** 817-569-5750

**Intellectual and Developmental Disabilities:** Information and referral services to people with Intellectual and Developmental Disabilities (IDD) and their families. 817-569-4141

## North Texas Behavioral Health Authority (NTBHA) Dallas County

**MetroCare Services:** Behavioral Health Care for children and adults. 877-283-2121

**Southern Area Behavioral Health Care** 972-283-9090

**Mental Health Warrants** 214-653-7418

**Crisis Hotline** 866-260-8000

## Community Resources

### Texas Workforce Commission

Tarrant 817-413-4000  
Dallas 972-264-5881

**Child and Adult Protective Services** 800-252-5400

**Community Action Partners (Tarrant)** 817-392-5790

**SNAP Benefits** 877-541-7905 or 972-337-6100

### Health and Human Services

Tarrant 817-531-5620  
Dallas 214-819-2000

**Social Security Office** 800-772-1213

### Legal Aid of North West Texas

Tarrant 817-336-3943  
Dallas 214-748-1234

**Mission Arlington** 817-277-6620

### Texas Child Support Offices

Tarrant 817-884-1475  
Dallas 214-653-7584

**Texas Medicaid and Healthcare Partnership** 800-925-9126

## Food

**North Texas Food Bank:** Available Mon-Fri 8:30 - 4:30 and Sat 8:30 - 2:30 214-330-1396

**Grand Prairie Food and Clothing Co-op:** Provide food, clothing and some assistance with rent or utilities. For crisis situations only --each client may receive help up to 3 times per year. 972-264-8540

**Tarrant Area Food Bank:** <https://tafb.org/find-food>. 817-857-7100